

Go Green with the ecocongregation

NEW YEAR is the time for resolutions; to lose weight or quit bad habits.

But Kilmore and Oban Church is encouraging Lorn Life readers to take this opportunity to 'go green'. The church is the only one in Lorn to have been awarded the Eco Congregation Award, for its efforts in making its congregation more aware of environmental issues. Congregation member Liz Crawford explained how we can all help to cut down on waste and start to recycle. She said: 'We've been encouraging everyone who uses the church and church centre to think green by buying recycled paper, saving postage stamps, using biodegradable cleaning products, low energy light bulbs and Fairtrade products when serving teas and coffees. 'The Eco Group arranged for organic cotton reusable shopping bags to be sold in two sizes. These have proved very popular with the young and old and can be obtained from the church office on 01631 562405 on weekdays 9am-1pm. 'Did you know you can leave old postage stamps, spent batteries, old spectacles, hearing aids and

used computer cartridges at the church centre, Glen-cruitten Road recycling collection point? All the items are passed on to charities who can recycle them. 'Although we have plenty water here, we could think about saving water by switching from liquid detergents to powders. Laundry liquids are mainly water up to 80% it costs energy and packaging to bring this water to the consumer. 'When using your kettle only fill and boil what you need. Always use a lid on saucepans as a covered pan requires less heat to maintain cooking temperature.'



Kilmore and Oban Church of Scotland session clerk Ken MacColl with the church's Eco Congregation Award.

