

the cost of a Coke

gional senator and two presidents because we help the poorest people right up to national dignitaries.

'I get a big kick out of letting these people see. Sometimes they are shocked but others and thrilled and delighted and they embrace you or shout to their friends to come and see them. That's the best part of the visit.'

However, Ken admits it is not always good news and says he cannot help everyone who comes for treatment.



Ken examines a young patient t37spc2d

'Some people turn up with terrible eye diseases and you have to give them bad news.

'The poverty in these places is shocking,' he said.

But despite the poverty and squalor suffered by many, Ken claims people generally have a positive outlook, especially when the Vision Aid Overseas volunteers arrive.

'What is amazing about these countries is the people, who are so upbeat, cheerful and happy.

'The people are so welcoming and Vision Aid teams are often filmed for news programmes. People even have feasts for us.

'Some of the food is a bit dodgy though, and you eat it to be polite. I've eaten crocodile and a grasscutter, which is a giant rodent.'

Like all charities, the work of Vision Aid Overseas relies on donations from members of the public but, while people are encouraged to make cash donations, Vision Aid Overseas is looking for something a little different.

The charity collects and recycles pairs of glasses and collection boxes can be found in Specsavers stores.