

Holiday must-haves

We all look forward to that special holiday once a year; and its finally here!

HINTS AND TIPS BEFORE SETTING OFF ON HOLIDAY

- Know about the country you are visiting and understand and respect any local laws
- Make sure you have adequate travel insurance
- When travelling overseas visit your GP six weeks before your holiday
- Check that your passport is still valid
- Always make sure you have taken enough money and travellers cheques
- Driving in a foreign country may have different laws and speed limits you must abide to - remember your driving licence
- Keep your luggage secure and mark clearly your contact details
- Check you luggage weight before heading off to the airport
- Buy sun cream products that contain both UVA and UVB sunscreens and are water resistant
- And finally remember a first aid kit and your adaptor plugs
- All you have to do now is have a Safe and Enjoyable Holiday!



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